

## FOX DHX2 SPRING RATE CHART

## FOX DHX2

The spring rate recommendations found on this chart are a good starting point for other brands of coil shocks. Ultimately, it may take trying a few different spring rates to flush out what best suits your riding style and terrain.

## IBIS OSO RECOMMENDED COIL CHART

COIL RATE (LBS/IN)	<b>155MM TRAVEL</b> (205X60MM SHOCK)	<b>170MM TRAVEL</b> (205X65MM SHOCK)
300	100-120lbs	120-145lbs
350	125-145lbs	150-175lbs
400	150-175lbs	180-205lbs
450	180-200lbs	210-235lbs
500	205-225lbs	240+lbs
550	230-245lbs	-
600	250+lbs	-



